

RUN for COVER

run4coverband.com

Email: info@run4coverband.com

Laurie Schaeffer ph: (860)625-6711

Chris Hansen ph: (401)338-6133



Party Rock

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Bio: It's hard to believe that it was back in 1995 that a local group of runners, who also happened to be musicians, thought that it would be fun to put together a band to play at their annual Mohegan Strider Running Club Banquet. Founding member Chris Hansen (lead guitar/keyboard) and others brainstormed about the concept of forming a band while watching live music after a local road race. They evolved quickly into a small group of runners/musicians to give the new idea a try.

The first time the band performed, it was an unforgettable rush. All band members had performed for years before, but the 100 or so club members in attendance at the first gig didn't know what to expect. The facial expressions of the crowd went from, "can these guys play?" to "Wow! They're really good." It was fun and encouraging to the newly formed band, to see everyone have a great time that night.

Three more years passed of playing club functions, and the band picked up yet another running club member, Laurie Schaeffer (vocals/keyboard). Laurie can wail; a true rock vocalist who can cut through a mix. With even more energy and vocals up front, the addition of a female singer added a whole new range of music to perform.

Run for Cover started to play other private functions strictly by word of mouth. Quickly clubs, colleges and outdoor venues wanted to book Run for Cover. The mix of music seems to please a wide range of ages and styles. This is probably due to the varying musical tastes of the members. As can be seen by the song list, the band plays a variety of genres including favorite rock anthems, pop, reggae, funk, blues, alternative and country.

Run for Covers current lineup features, Tom Roemmele, (bass guitar/saxophone/vocals), who played with Chris in Last Summer in the early 90's, recently returned from the West after 20 years. During that time Tom toured with Under the Gun (featuring Kenny Carter of The Guess Who). Tom opened for internationally known recording artists Peter Dinklage, Stephen Stills, 38 Special, Bad Company, Steppenwolf, BTO and Creedence Clearwater Revisited. Tom holds a bachelor's degree in music from the University of Connecticut.

Adam Leighton, (drums/vocals) who played with Chris and Tom in Last Summer in the early 90's, recently returned to Run for Cover. He can handle any style of music thrown at him with authority and with his unshakeable composure the beat stays right in the pocket.

John Schaeffer, (Laurie's husband), completes the team with his many roles which give us a full pro sound. John handles guitar, ukulele and midi triggers for a slick sound.

Over the past several years Run for Cover has been playing Clubs, Colleges, summertime outdoor venues and private events throughout CT, MA and RI. We've taken great pride in always being asked to come back again. We love to perform, and it shows.

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What attributes sets Run for Cover apart from others?

- **For over 20 years we have kept all ages entertained with our brand of high energy upbeat music.**
- **A family-friendly set list that spans six decades of great music.**
- **RUN for COVER is entertainment for everyone!**

Sample of Venues:

Andrea Beach Club – Misquamicut, RI
Black Sheep – Niantic, CT
Brown Derby – Uncasville, CT
Burkes Tavern – Niantic, CT
Bushnell Park – Hartford, CT
Calabrese Club – Westerly, RI
Oakdale Pavilion Summer Music Series– Oakdale, CT
Connecticut College – New London, CT
Cornfield Point – Old Saybrook
Dodd Stadium – Norwich, CT
Glastonbury Apple Harvest Festival – Glastonbury, CT
Hideaway at Billy Tee's – Cromwell, CT
Higganum Green Summer Concert Series - Higganum, CT
Jennings Beach – Fairfield, CT
JB Sports Events Management Co. – Sporting events in CT
Lebanon Fair – Lebanon, CT
New Haven Green – New Haven, CT
Ninegret Park Summer Music Series – Charleston, RI
Ocean Beach Summer Concert Series – New London, CT
Relay For Life – New London, CT
Rocky Neck State Park – Niantic, CT
Sneeker's Café – Groton, CT
South County Commons Summer Music Series – South Kingston, RI
Sunset Ribs – Waterford, CT
Toad Place – New Haven, CT
Memorial Day Fireworks Festival - West Boylston, MA
Westerly Yacht Club, Westerly, RI
Yellow Kittens – Block Island, RI

Testimonials:

"Thank you Laurie. You guys were great and added a lot of energy to the festival....the kids especially loved dancing with your guitarist! Contact us in Feb/March about the summer music series."

Ginger Lynn

Glastonbury Chamber of Commerce

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"On behalf of the Winterfest Committee and all the people who attended Winterfest, we thank you SOOO much for playing for the event. I have heard from many, many people that it was the best one yet, and that's mostly because of you and the band."

Melodie Hamilton

"Bravo! Just want to tell you that I thoroughly enjoyed listening to you and your band Friday night! Great selection of songs and very talented musicians!" - Nancy Zeulch

"Thank you for playing on Friday night! You guys drew in a great crowd! Everyone loved you guys and a lot of people have been asking me about you since then. Run for Cover was the highlight performance of the night! Thank you so much for coming in. I really appreciate it. We loved having you and I hope you'll also consider being part of the event next year."

Thanks again!

Daniela - Connecticut College

RUN for COVER Line-up:

Chris Hansen – Guitar, Keyboards, wishes he could sing

Adam Leighton – Drums, Backing Vocals

Tom Roemmele – Bass Guitar, Lead Vocals, Backing Vocals

Laurie Schaeffer – Lead Vocals, Keyboards, now she can sing

John Schaeffer – Guitar, Ukulele



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Equipment: RUN for COVER owns a fully reconfigurable sound system which can address the needs of a small club setting all the way to large open – air outdoor venues. A stage lighting system is also employed for those late night gigs.



Left to right – Adam Leighton, John Schaffer, Laurie Schaffer, Chris Hansen, Tom Roemmele

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RUN for COVER SONG LIST

All-American Rejects

Dirty Little Secret

Lady Antebellum

You Look Good

Animal House

Shout

B-52's

Love Shack

Roam

Band Perry

If I Die Young

Tal Bachman

She's So High

Beatles

Can't Buy Me Love

I Saw Her Standing There

Pat Benatar

Hit Me With Your Best Shot

Black Keys

Hi/Lo

Go

Gold On The Ceiling

Lonely Boy

Black Crows

Hard To Handle

Black-Eyed Peas

I Gotta Feeling

Blink 182

All the Small Things

David Bowie

Suffragette City

Bowling for Soup

1985

Bon Jovi

Living on a Prayer

Who Says You Can't Go Home

Bruno Mars

Uptown Funk

Locked Out of Heaven

The Cars

Bye Bye Love

Cheap Trick

I Want You to Want Me

Chumbawamba

Tubthumping

Eric Clapton

Wonderful Tonight

Sheryl Crow

Soak Up the Sun

Def Leppard

Rock of Ages

Fall Out Boy

Sugar, We're Going Down

Foo Fighters

Learn To Fly

Fountains of Wayne

Stacey's Mom

Lady GaGa

Edge Of Glory

Pokerface

Gin Blossoms

Follow You Down

Hey Jealousy

Goo Goo Dolls

Slide

Guns N' Roses

Welcome to the Jungle

Jimmy Eat World

In the Middle

Journey

Open Arms

Justin Timberlake

Can't Stop The Feeling

Killers

Mr. Brightside

Ben E. King

Stand By Me

Elle King

Exe's and Oh's

Kings of Leon

Use Somebody

Huey Lewis and the News

Hip to be Square

Workin' for a Livin'

Maroon 5

Sugar

Matchbox 20

How Far We've Come

Mighty Mighty Bosstones

Impression That I Get

Modern English

Melt with You

Eddie Money

Take Me Home Tonight

Neon Trees

Animal

Everybody Talks

No Doubt

I'm Just a Girl

One Republic

Counting Stars

The Outfield

Your Love

Paramore

Ain't it Fun

Tom Petty

Runnin' Down A Dream

You Wreck Me

Pretenders

Brass in Pocket

Middle of the Road

Prince

Let's Go Crazy

Bonnie Raitt

Angel of Montgomery

Red Hot Chili Peppers

Dani California

REM

The One I Love

Rob Thomas

Hold On Forever

Romantics

What I like about you

Ed Sheeran

Thinking Out Loud

Sister Hazel

All for You

Billy Squier

Everybody Wants You

Sweet

Ballroom Blitz

The Band Perry

If I Die Young

Third Eye Blind

Semi-charmed Life

Three Doors Down

Kryptonite

KT Tunstall

Suddenly I See

Train

Drive By

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U2

Beautiful Day

Mysterious Ways

Pride In the Name Of Love

Vertigo

Carrie Underwood

Before He Cheats

Smoke Break

Weezer

Beverly Hills

Walk the Moon

Shut Up and Dance

Pharrel Williams

Get Lucky

Happy

Led Zeppelin

Good Times, Bad Times

Immigrant Song

Whole Lotta Love

ZZ Ward

Put the Gun Down

Testimonials (cont.):

"The race committee would like to thank "Run For Cover" for your time and talent providing great music for the runners on the Ocean Beach Boardwalk. I would have to say that "Run For Cover" definitely put this event over the top, again! This is a great event and we hope to have your support in the future."

Thanks Again,

Way Hedding - Race Director

"You and your band were great! Thanks for inviting me - we had a great time!"

Allison Campbell

"I must have had 10 people tell me how great you were Sat night! Thanks!"

Rhonda Russell Dempsey – Owner, Sneekers Cafe.

"Your band is totally terrific and Jack and I really enjoyed ourselves Friday night. Just loved the band and getting together with good friends. Let us know of upcoming shows." - Joan Sullivan

"We had a lot of fun - and we're willing to be your official groupies from now on!"

Lorraine McKinney

"I wanted to take a minute to thank you and your crew for putting on an awesome show on Saturday night! I know that everyone had fun and we hope that you did too. I'll be sure to put in a good word for you when speaking to younger students who may be planning events in years to come."

Thanks again!

Annie



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*"Thanx for doing a great job @ the race last week, in which I ran! Not often that I hear live bands in Hartford where I know the music (from my era) as I did w/ you folks.
Thank you for your time and again....GREAT job @ Bushnell Park!" -Darryl Johnson*

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"Well done again. Everyone keeps telling me how great you made the night."
Matt Cantner

"You were great! It was wonderful that you were able to be at the festival and I do hope to have you back in Glastonbury in the future. See you in March!"

Mary Ellen Dombrowski, CAE

President - Glastonbury Chamber of Commerce



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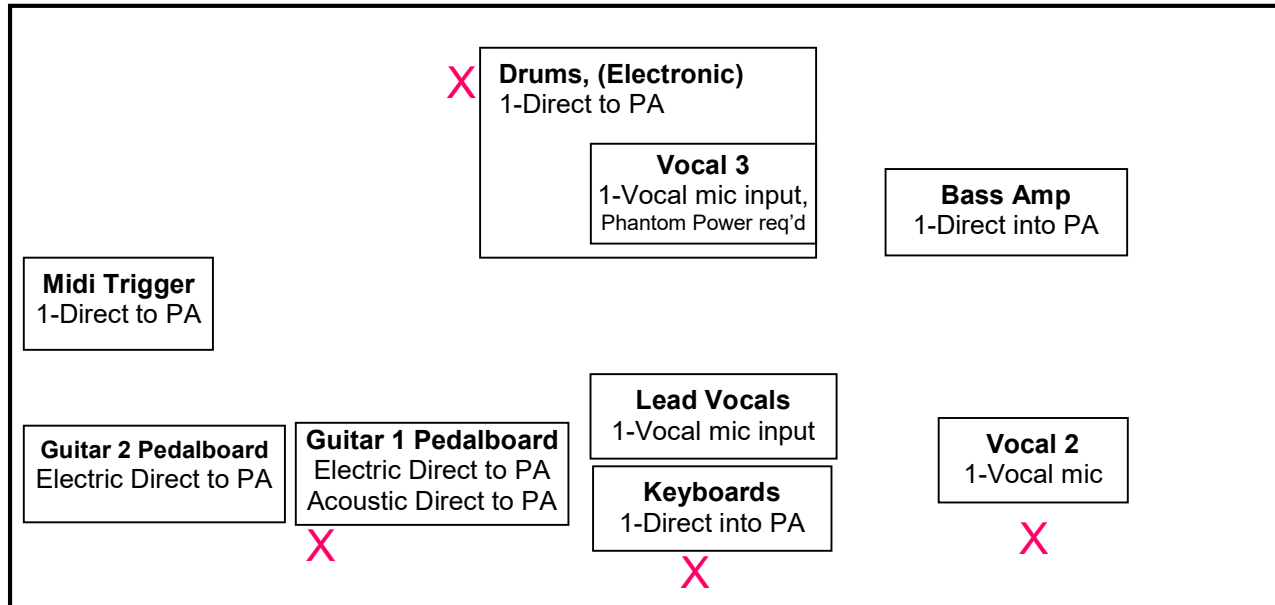
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RUN for COVER Band Stage Plot

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Band requirements:

1. Monitors: X=monitor wedges (You will decide the number of monitors, their mix and placement)
2. 1 vocal mic
3. 3 vocal mic inputs (Lead vocalist will bring her own wireless mic, Drummer will bring his own headset mic, (phantom power required)).
4. 1 direct into the PA for the following instruments, (no Direct Boxes required):
 - a. Keyboard, (mono)
 - b. Bass Guitar Amp
 - c. Electric Guitar 1
 - d. Electric Guitar 2
 - e. Acoustic Guitar
 - f. Drums, (Electronic)

*We are easy to work with so YOU set the number of monitors and placement!

Sincerely,

Chris Hansen

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